

# Seed-Bursting Blessings



## *A Contemplative Ecopsychology Mindfulness Group*

~ Cultivating meditative and experiential connectedness through nature & community ~

### WHEN

Fridays, 7-8:30 AM  
Weekly gatherings  
Beginning September 15, 2017

### WHERE

6 Lothrop Street  
Plymouth, MA  
Christ Church Thrift Shoppe, 2<sup>nd</sup> Floor  
(not handicap accessible)

### PURPOSE

To shape what one invites from the world  
To cultivate community & altruism  
To experience the sacredness of Nature  
To amplify a sense of wonder  
To participate in the unfolding of the Mystery

~ Accepting inquiries now ~  
~ Pre-group intake assessment required ~  
~ Group size limited to eight (8) ~



**Institute for Spiritual Life & Psychotherapy, Inc.**  
*Pastoral Counseling Services of the South Shore*

**Jace Langone, PsyD**  
*Licensed Clinical Psychologist*



781-826-0011 ext. 212  
(confidential voicemail)



[jlangone@islpma.org](mailto:jlangone@islpma.org)



[www.drjacelangone.com](http://www.drjacelangone.com)